

THE GREAT
SEWING
adventure
ACROSS
THE PACIFIC
NORTHWEST

75" x 75"

CASCADES



Designed &
Pieced by
Deb Messina
Quiltblox

Quilted by:
Mindy Lennon
Quilting Mayhem

MATERIALS:

- 1-3/4 yards State Outlines Brown, includes binding
- 2/3 yard State Outlines Cream
- 1-1/8 yards Icon Toss Pine
- 2-1/2 yards Blender Pearl Lines
- 1 yard Blender Denim
- 5 yards Fabric of choice for Backing

READ THROUGH ALL INSTRUCTIONS BEFORE STARTING THIS PROJECT. FABRICS ARE SEWN RIGHT-SIDES TOGETHER USING A 1/4" SEAM ALLOWANCE THROUGHOUT. WOF = WIDTH OF FABRIC; RST = RIGHT SIDES TOGETHER; HST = HALF SQUARE TRIANGLE

CUTTING INSTRUCTIONS:

From State Outlines Brown Fabric:

- Cut [6] – 6" × WOF strips
- Cut [36] – 6" squares
- Cut [8] – 2-1/4" × WOF strips for binding

From State Outlines Cream Fabric:

- Cut [3] – 5-1/2" × WOF strips
- Cut [18] – 5-1/2" squares

From Icon Toss Pine Fabric:

- Cut [6] – 6" × WOF strips
- Cut [36] – 6" squares

From Blender Pearl Lines Fabric:

- Cut [9] – 5-1/2" × WOF strips
- Cut [63] – 5-1/2" squares
- Cut [6] – 6" × WOF strips
- Cut [36] – 6" squares

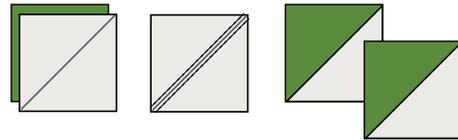
From Blender Denim Fabric:

- Cut [6] – 5-1/2" × WOF strips
- Cut [36] – 5-1/2" squares

Half Square Triangles (HST)

There are [3] different HST block combinations using the 6" squares:

- [18] Icon Toss Pine / [18] Blender Pearl Lines
 - [18] State Outlines Brown / [18] Blender Pearl Lines
 - [18] Icon Toss Pine / [18] State Outlines Brown
1. Pair [2] squares RST.
 2. Draw a diagonal lines from corner to corner on the wrong side of the lighter square.
 3. Sew a scant 1/4" on each side of the drawn lines.
 4. Cut the square along the drawn line. Press open toward the darker fabric; creating [36] each of the [3] HST fabric combinations.
 5. Square up these HSTs to 5-1/2" square.



BLOCK ASSEMBLY:

1. **Rows 1 and 5** - Make [18]. Sew the 5-1/2" squares in the following order:



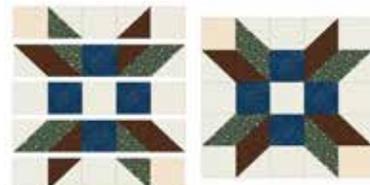
2. **Rows 2 and 4** - Make [18]. Sew the 5-1/2" squares in the following order:



3. **Row 3** - Make [9]. Sew the 5-1/2" squares in the following order:



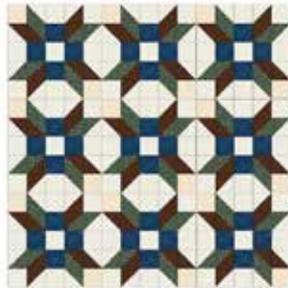
4. Press each row.
5. Sew the completed rows of your blocks as shown.



- Repeat to make [9] blocks. Press. Blocks measures 25-1/2" square.

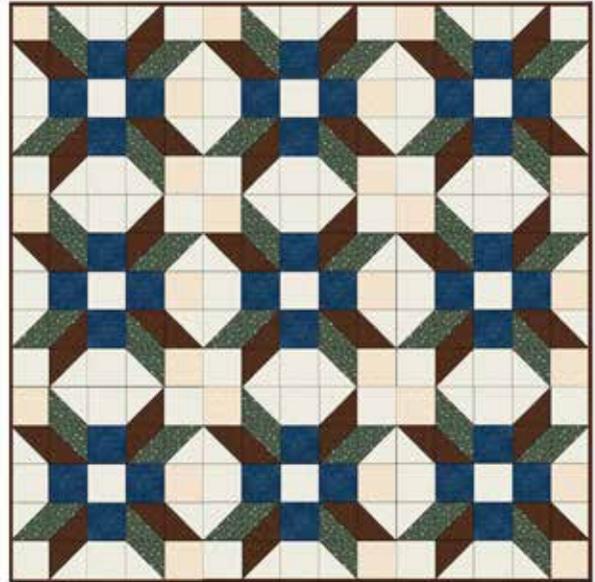
QUILT TOP ASSEMBLY:

- Sew the [9] completed blocks into [3] rows of [3] blocks each. Press seams open to reduce bulk.
- Sew the rows together. Press seams open to reduce bulk. Quilt top measures 75-1/2" square.



FINISHING:

- Layer the quilt top with batting and backing.
- Quilt as desired.
- Bind with the States Outlines Brown 2-1/4" x WOF strips.
- Label & Enjoy!



DEB MESSINA

Pattern designer, quilter, blogger, and online shop owner (Quiltblox.com), Deb learned to sew as a pre-teen from her grandfather. He taught her how to draft patterns - starting with chair cushions and drapes. From there she moved on to clothing and then, inspired by a stack of family quilts made by her great aunt, to quilting. Many of her quilt designs are block-based: traditional with a modern twist. You can follow Quiltblox on Instagram, Facebook, Pinterest, and Threads.