



**ALL PACIFIC
NORTHWEST
SHOP HOP**

60" x 68"

HIGHLAND MEADOW



**Designed & Pieced by
Cheran Bee**

**Quilted by
Fiddlesticks
Quilt Shop**

WWW.ALLPACIFICNORTHWESTSHOPHOP.COM

MATERIALS:

- [1] APNSH Panel
- 1/2 yard Flower Fields Green
- 3/8 yard Flowers Ditsy Teal
- 1/2 yard Dot Dapple
- 1/4 yard Blender Lavender
- 1-1/4 yards Flowers Ditsy Green
- 1/2 yard Flowers Ditsy Yellow
- 1-1/4 yards Mountains Multi
- 3/8 yard Blender Green
- 1/4 yard Blender Red Gingham
- 3/8 yard Blender Yellow Swirl
- 1/2 yard fabric of choice for Binding
- 4 Yards fabric choice for Backing

READ THROUGH ALL INSTRUCTIONS BEFORE BEGINNING. SEW PIECES RIGHT SIDES TOGETHER AND USE A 1/4" SEAM ALLOWANCE. WOF = WIDTH OF FABRIC, RST = RIGHT SIDES TOGETHER; HST = HALF SQUARE TRIANGLE; FG = FLYING GEESE

CUTTING:

From Flowers Fields Green Fabric:

- [3] 6-1/2" × 4-1/2" rectangle (A)
- [1] 6-1/2" × 3-1/2" rectangle (B)
- [10] 6-1/2" × 2-1/2" rectangle (C)
- [1] 3-1/2" × 9-1/2" rectangle (D)
- [2] 2-1/2" × 12-1/2" rectangle (E)
- [1] 2-1/2" × 8-1/2" rectangle (F)
- [1] 2-1/2" × 5-1/2" rectangle (G)
- [2] 2-1/2" × 4-1/2" rectangle (H)
- [2] 3-1/2" × 2-1/2" rectangle (I)
- [1] 1-1/2" × 4-1/2" rectangle (J)
- [1] 1-1/2" × 3-1/2" rectangle (K)
- [1] 4-1/2" square (W2)
- [2] 2-1/2" square (X2)
- [1] 2-1/2" × 3" rectangle (Y2)
- [1] 1-1/2" × 2-1/2" rectangle (Z2)
- [1] 2" × 2-1/2" rectangle (A3)
- [4] 3-1/2" square (B3)

From Flowers Ditsy Teal Fabric:

- [4] 6-1/2" square (L)
- [1] 6-1/2" × 4-1/2" rectangle (M)
- [1] 6-1/2" × 2-1/2" rectangle (N)
- [2] 3-1/2" square (O)
- [8] 3-1/2" × 2" rectangle (P)
- [7] 2" square (Q)

From Dot Dapple Fabric:

- [16] 3-1/2" × 6-1/2" rectangle (R)
- [24] 1-1/2" × 2-1/2" rectangle (S)
- [24] 1" square (T)
- [16] 1" × 1-1/2" rectangle (U)
- [16] 3/4" square (V)

From Blender Lavender Fabric:

- [1] 1-1/2" × 13" rectangle (W)
- [2] 1-1/2" square (X)
- [8] 2-1/2" square (Y)

From Flowers Ditsy Green Fabric:

- [1] 4-1/2" square (Z)
- [3] 4-1/2" × 2-1/2" rectangle (A1)
- [2] 4-1/2" × 3-1/2" rectangle (B1)
- [4] 3-1/2" square (C1)
- [2] 3-1/2" × 2-1/2" rectangle (D1)
- [2] 3-1/2" × 1-1/2" rectangle (E1)
- [26] 2-1/2" square (F1)
- [41] 2-1/2" × 1-1/2" rectangle (G1)
- [82] 1-1/2" square (H1)
- [1] 1-1/2" × 13" rectangle (I1)
- [1] 2-1/2" × 2" rectangle (J1)
- [1] 2-1/2" × 3" rectangle (K1)
- [121] 1" square (L1)
- [16] 1" × 1-1/2" rectangle (M1)
- [8] 3/4" × 1-1/4" rectangle (N1)
- [8] 3/4" × 1-1/2" rectangle (O1)
- [48] 3/4" square (P1)
- [28] 1" × 2-1/2" rectangle (Q1)
- [1] 3-1/2" × 21-1/2" rectangle (S1)
- [2] 6-1/2" square (T1)
- [1] 3-1/2" square (U1)

From Flowers Ditsy Yellow Fabric:

- [4] 2-1/2" × WOF strips (V1)
- [5] 3-1/2" square (W1)

From Blender Red Gingham Fabric:

- [28] 2-1/2" × 3" rectangle (P2)

From Mountains Fabric: (directional)

- [3] 4-1/2" × 12-1/2" rectangle (X1)
- [8] 6-1/2" square (Y1)
- [2] 6-1/2" × 4-1/2" rectangle (Z1)
- [4] 6-1/2" × 3-1/2" rectangle (A2)
- [2] 6-1/2" × 2-1/2" rectangle (B2)
- [28] 3-1/2" square (C2)
- [12] 3-1/2" × 2" rectangle (D2)
- [13] 2" square (E2)
- [7] 2-1/2" x WOF strips, Binding

From Blender Green Fabric:

- [28] 1-1/2" × 3-1/2" rectangle (F2)
- [40] 1" square (G2)
- [8] 1-1/4" square (H2)
- [14] 1-1/2" square (I2)
- [1] 1-1/2" × 8" rectangle (J2)
- [1] 1-1/2" × 2" rectangle (K2)
- [5] 1-1/2" × 2-1/2" rectangle (L2)
- [1] 1-1/2" × 13-1/2" rectangle (M2)
- [1] 2-1/2" square (N2)
- [3] 2-1/2" × 4-1/2" rectangle (O2)

From Blender Yellow Swirl Fabric:

- [4] 1-1/2" square (Q2)
- [28] 1" square (R2)
- [6] 2-1/2" square (S2)
- [40] 2" square (T2)
- [8] 3-1/2" square (U2)
- [1] 6-1/2" square (V2)

BLOCK ASSEMBLY:

Half Square Triangles (HSTs):

1. Draw a diagonal line from corner to corner, on the back of the lighter square. Match up with its partner, RST.
2. Sew just alongside the drawn line on the side you'll be trimming away. Open and press towards the darker fabric. Trim away the excess. Square up block if needed.



Sew and Flip Corners (Snowball corners):

1. A sew and flip corner is exactly the same as a HST, except the base fabric is usually a little larger. Before cutting off the excess,



make sure the sew and flip fabric corners line up with layers below. Press and trim away "the excess."

Note: When making very small sew and flip corners, you may want to use a small dot of glue, like Acorn Pressing Solutions Seam Align Glue, to hold the smaller square in place temporarily for accurate stitching. Place a very small dot of glue on the side you will be trimming away and press with a dry iron.

Flying Geese (FG):

1. Flying geese are traditionally made using [1]rectangle (goose) and [2] squares (sky). On each of the squares, draw a diagonal line from corner to corner. Place a marked square, RST, on the end of a rectangle, with the diagonal line going from lower left to upper right.
2. Sew, just outside the diagonal line, on the excess side. Fold over to make sure the folded corner lines up the rectangle below. Press. Trim away the bottom [2] excess layers. Repeat the process on the other end as shown below.



Center Panel:

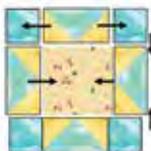
1. Trim the cream border OFF of the sides of the APNWSH Panel, measure. You may need to trim a little more off [1] side to make it 32-1/2" wide.
2. Trim the bottom cream border off at the edge of the panel and then measure up to 38-1/2". Cut the sky portion at the 38-1/2" mark. The size of the panel BEFORE adding borders should be 32-1/2" × 38-1/2".
3. Cut [2] Flowers Ditsy Yellow 2-1/2" × WOF strips (V1) to 38-1/2" long. Cut the remaining [2] strips to 36-1/2" long.
4. Sew the 38-1/2" strips to right and left sides of the Panel. Press out towards the border.
5. Sew the 36-1/2" strips to the top and bottom of the Panel. Press out towards the border. Measures 36-1/2" × 42-1/2".

Flying Geese:

- Gather [2] — 3-1/2" squares and [1] — 3-1/2" × 6-1/2" rectangle to make each Flying Geese. Follow FG instructions. Measures 3-1/2" × 6-1/2". Make the following large FG color combinations:
 [1] FG using **(C1 / O / R)**
 [1] FG using **(B4 / R)**
 [6] FG using **(C3 / R)**
- Gather [2] — 2" squares and [1] — 2" × 3-1/2" rectangle to make each Flying Geese. Follow FG instructions. Measures 2" × 3-1/2". Make the following small FG color combinations:
 [12] FG using **(Q2 / D2)**
 [8] FG using **(Q2 / P)**

Small Star Blocks:

- Layout the pieces for the Small Star Blocks. (Note placement of fabrics from the 6" star block diagrams.) Assemble the horizontal rows, pressing in the direction of the arrows. Then, sew the rows together, pressing towards the center. Blocks should measure 6-1/2" square. Make [5].



Large Star Blocks:

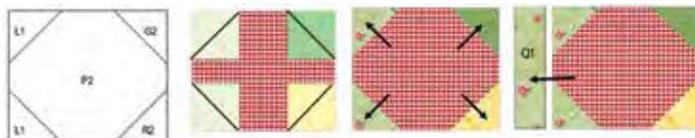
- Layout all the pieces for the block and sew the sections together, pressing in the direction of the arrows. Block should measure 12-1/2" square. Make [1]

Large Red Flower Blocks:

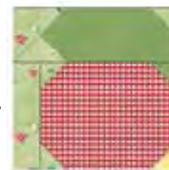
- For each leaf, layout the background and leaf pieces. Draw a diagonal line from corner to corner on the back of each small square. Place **(H1)** on the lower left corner of the leaf rectangle and **(L1)** on the upper right corner.
- Sew and flip corners, adding the second **(H1)** square after pressing the first one open and trimming away excess. Each leaf unit measures 1-1/2" × 3-1/2". Make [28].



- For each red gingham flower petal, follow the same process as above.



- The flower petals measure 2-1/2" × 3-1/2" once piece **(Q1)** is sewn on.
- Next, sew a Leaf unit from Step 2 onto the top of a Petal unit. Each section will measure 3-1/2" × 3-1/2". Make [28].
- Rotate the blocks to create the Flower blocks. Each Red flower block should Measure 6-1/2" square. Make [7].



Large White Flower Blocks:

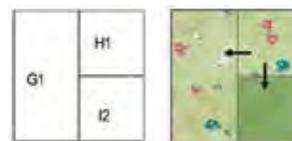
- The flower petals are made using sew and flip corners. Each flower has [2] petals with the same Green background and [2] with the leaf fabric in [1] corner. Each section measures 1-1/2" × 2-1/2". Make [12] of each.



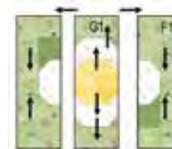
- Repeat for the center portion of the flower. Each center measures 2-1/2" square. Make [6].



- Sew the corner leaf units. Sew **(H1)** to **(I2)**, press towards the darker fabric. Then, sew **(G1)**. Each should measure 2-1/2" square. Make [12].

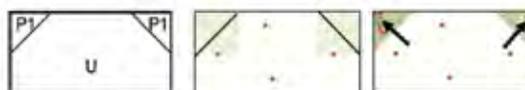


- Assemble the large white Flower block as shown. Each block measures 6-1/2" square. Make [6].



Small White Flower Blocks:

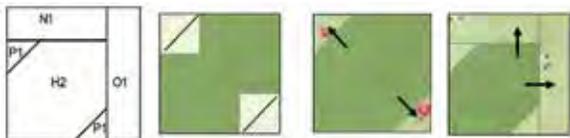
- Follow same Steps for the Large White Flower Blocks for the Small Flower Blocks. Each petal segment should measure 1" × 1-1/2". Make [16].



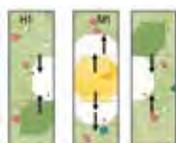
- For the center, continue with sew and flip corners. Center measures 1-1/2" square. Make [4].



- For the leaf corner blocks, each measures 1-1/2" square. Make [8].

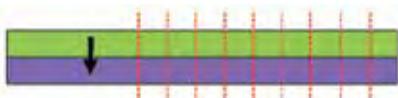


- Assemble the small white flower blocks. Each block measures 3-1/2" square. Make [4].



Small Hollyhock Blocks:

- Refer to the center of the quilt section layout diagram. Sew together **(W)** and **(H1)** 1-1/2" x 13" strips lengthwise.
- Subcut the strip set into [8] 1-1/2" sections, each measuring 1-1/2" x 2-1/2".



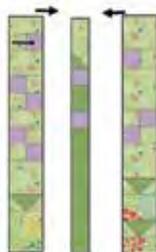
- Set aside [2] units from Step 2. Sew the remaining [6] units into [3] 4-patch units.
- Use **(E1)** and **(I2)** to create the sew and flip top of the hollyhock stem. This section measures 1-1/2" x 3-1/2". Make [1].



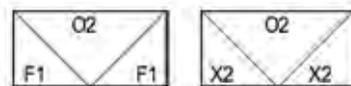
- Sew small flying geese blocks using **(H1)** and **(L2)**. Each measure 1-1/2" x 2-1/2". Make [3].



- Layout the small hollyhock, and sew in vertical columns. This block measures 5-1/2" x 14-1/2". Make [1].
- For the large hollyhock block, refer to the center of the Quilt Section Layout diagram.
- Using **(1/Y)** and **(F1/N2)**, sew [2] HST. Each HST measures 2-1/2" square. Make [1] of each.

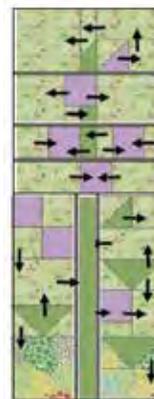
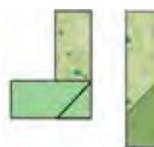


- Using [4] **(F1)** / [2] **(O2)** and [2] **(X2)** / [1] **(O2)**, make [3] FG blocks. Each FG measures 2-1/2" x 4-1/2". Make [3] total.



- Assemble the Large Hollyhock in sections, as shown. Refer to layout diagram for identifying letters/numbers. Press all towards non pieced sections, then all towards the center stem.

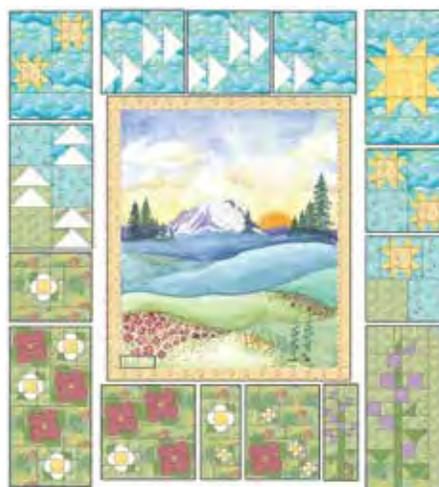
- For the top of the stem, place **(E1)** and **(L2)** RST as shown. Draw a diagonal line as shown, and stitch. Open and press. Cut away excess layers. This piece measures 1-1/2" x 4-1/2".



- The large Hollyhock block should measure 9-1/2" x 24-1/2".

QUILT TOP ASSEMBLY:

- Piece together the sections as shown. The Mountain fabric used for the sky is directional. Refer to the section diagram at the end of pattern for all of the piece letters/numbers.
- Assemble the top and bottom sections first, add to top and bottom of panel, then add the sides. In general, press towards the unpieced block.



FINISHING:

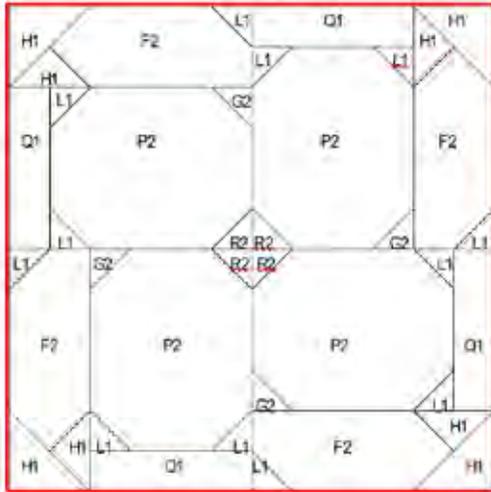
- Layer Quilt Top, Batting, and Backing.
- Quilt as desired.
- Bind, Label, and Enjoy!



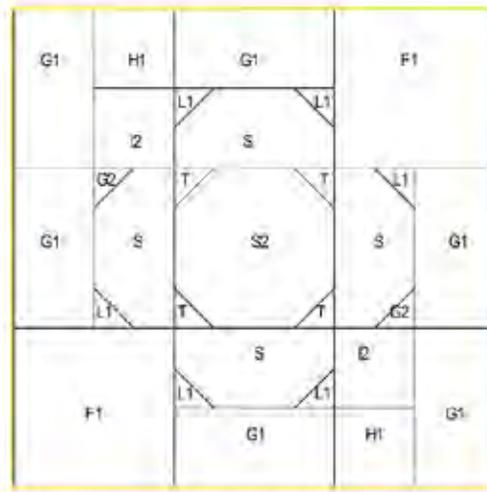
CHERAN BEE

Cheran has been designing quilts and running a local quilt shop (Fiddlesticks), for more than a decade. Between the shop and longarm quilting for customers, she also finds the time to create patterns, books & BOMs. She is drawn to traditional quilts and loves to give them a fresh look. Her unique patterns are well written & fun to make! You can see all her patterns at CottageLaneQuilts.com or at her store Fiddlesticks Quilt Shop in Vancouver, WA. Or, follow on Facebook for inspiration!

Star and Flower block layout diagrams:



6" Red Gingham Flower Block, Make [7]



6" White large Flower Block, Make [6]



3" White Small Flower Block, Make [4]



6" Star - Mountain Multi bkgd. Top L
Make [2]



6" Star - Mixed bkgd, top R
Make [1]



6" Star - Mixed bkgd, Middle R
Make [1]



6" Star - Ditsy Teal bkgd, lower R
Make [1]

